

To learn more about these vacancies and hundreds of others in the Maidstone and Malling area, please contact the

**Volunteer Centre - Maidstone & Malling**

01622 677337

e mail: [volunteers@vam-online.org.uk](mailto:volunteers@vam-online.org.uk)

[www.vam-online.org.uk](http://www.vam-online.org.uk)

[do-it.org.uk](http://do-it.org.uk)

Volunteer Centre  
Maidstone Community Support Centre  
39-48 Marsham Street Maidstone ME14 1HH



(along the road from the Trinity Foyer and opposite the Rising Sun Pub)



**Volunteer Centre**  
Maidstone



June 11  
Issue No 40

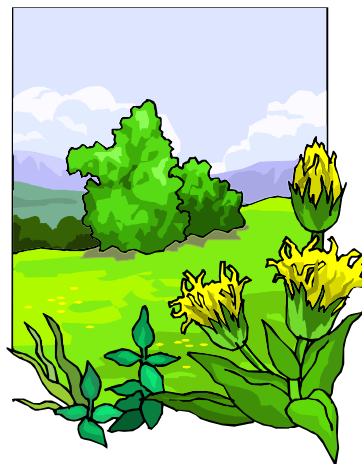
# SUMMER

New opportunities in your community

## Enjoy the outdoors

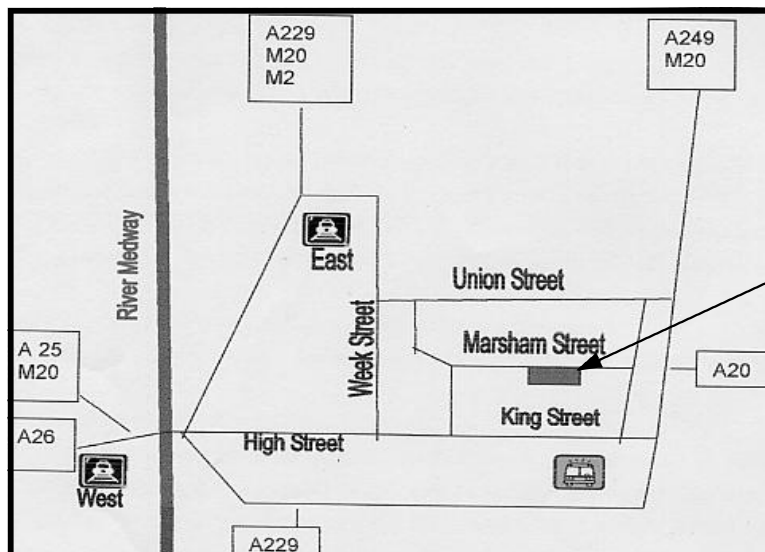
### Volunteer Ranger- Mote Park

Why not enjoy the summer sunshine and volunteer in beautiful Mote Park? Both casual and regular volunteers are required there for a range of roles which



include advising and assisting park users in various ways, for example passing on local knowledge such as park history, flora and fauna, and park by-laws, and informing users about upcoming events and activities. You could staff an information point or carry out practical conservation works like tree planting or pond clearance. There are also lots of events and activities you can help with, such as a teddy bears picnic or junior active play day. If you are interested in wildlife you can help by carrying out habitat surveys and monitoring. All in all a wonderful opportunity to get involved in your community and make the most of the summer. Wednesday and Saturdays, some other days too.

### WHERE TO FIND US

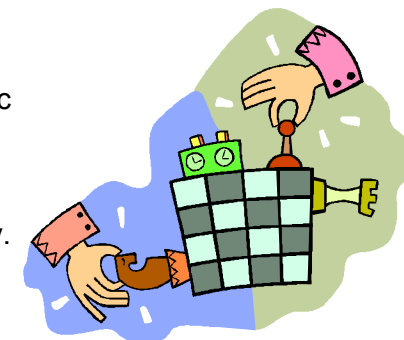


Volunteer Centre  
@ MCSC

### Socialise and Support

#### Buddy—Headway

This is a really rewarding opportunity to support people with brain injury or stroke. On Thursdays at Switch Cafe Headway run a group from 10.30-14.30 and are seeking volunteers to socialise, play board games and engage clients in various activities, such as music or art. Volunteers will need the ability to encourage and enthuse people, have listening skills and empathy, be flexible, with an ability to respond and adapt activities to events on the day. This is an ideal opportunity to share any hobbies or skills and really brighten someone's day.

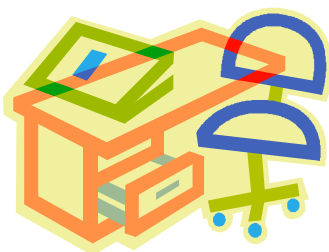


## Office skills wanted!

### Admin Assistant - Medway Valley Countryside Partnership

Use your admin skills at this friendly nature conservation organisation.

Working with the staff, you will do the day to day administration of the River Warden Project. This involves sending out letters to volunteers, replying to enquiries, writing newsletters and press releases, liaising with Local Volunteer Centres, helping with events. Around 1/2 day per week, during office hours. This role requires experience of administration/office work, good communication skills and enthusiasm.



## Make a difference for children

### Event Helper—Demelza House Children's Hospice

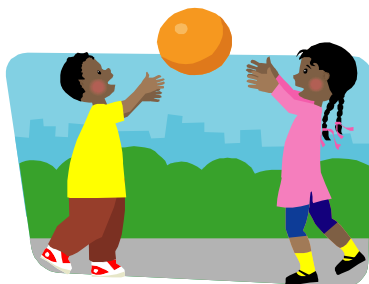
This is an ideal role for you if you have a busy life but want to do something to help families with very ill children. You'll be contacted monthly about upcoming events for the Hospice, and take part when you can, with things like marshalling a walk, manning a stall, talking to small groups, helping with collection boxes and street collections. You can experience a variety of different activities and have fun meeting new people, whilst supporting this vital charity.



## Have fun and play in the park!

### Play/youth worker - Play Places

Join in with this new project in Maidstone over the summer happening in various parks. Play Places organise activities for children and young people in the parks and you can help run them. There is a different focus activity for each session to allow children and young people to gain new experiences and social opportunities e.g. football skills, rounder's activity and other sports type events. Also you'll engage them in other fun activities to play together, including hop scotch, hoops, traditional sports day activities (bean bags, 3 legged race and sack races) and mainstream sports activities. Various days and times, training provided.

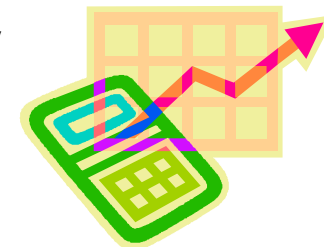


# VOLUNTEER

## Financial Friend

### Treasurer—Maidstone Day Centre

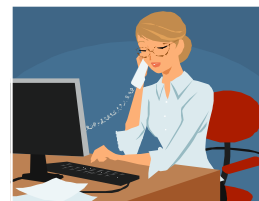
If you have financial management experience, your time will be invaluable to this local charity supporting homeless and vulnerable people. The role involves keeping accurate records of all financial activity with the use of a computer, preparing the annual financial reports for the Auditor, instructing the payroll company and reporting to the Board at trustee meetings. The time commitment is a few hours each week plus attendance at Board meetings held every six weeks. It is essential that volunteers have a recent or current working experience of financial management and are able to function as part of a team.



## PR and Media opportunity

### PR Researcher—British Wireless for the Blind Fund

A really exciting role to work with press and media at national level. You'll assist the staff team in contacting relevant media for PR for the charity and help collate relevant media contacts for specific press releases.



Initially research all relevant media in each regional area throughout the UK, input the data found onto specific excel spreadsheets, contact the media and the match relevant media to the appropriate press releases. Thereafter help with maintaining the records and information stored and maintaining contact with the press. Flexible during office hours, town centre based.

## Gardening Guru?

### Gardening Mentor—Joining Hands

If you are an experienced gardener, with knowledge of general gardening and growing fruit and vegetables, share your knowledge with children, disabled people, disadvantaged groups and the wider community on this gardening project. The hours are really flexible and volunteers will be working with groups of people from all backgrounds, teaching and supporting people to enjoy the garden. You'll need good gardening knowledge, patience and good people skills. Based at East Malling Research Centre.



We are open Monday to Friday from 9.30 to 4.30. We can make special arrangements for people who are not available during office hours or you can register on-line. You don't have to come to the centre because we can talk to you over the phone and send you information on all our current vacancies. If you do come to see us there is a quiet space for a confidential chat. If there is nothing here that interests you or if you have a skill we have not mentioned that you would like to offer a Maidstone & Malling group, then call us so we can talk you through the other options that may be available to you. Or you can come to the shop in the Chequers centre to get information. You can also find a full list of current vacancies on our website.